OUR MISSION
Painting Pathways Clubhouse changes lives by empowering adults with diagnosed mental illness, building community, and supporting recovery.

WHAT PROBLEM IS THE CLUBHOUSE SOLVING?
- According to the Milwaukee Journal’s November 14, 2018 article, Mental Health Problems Are Epidemic. More than 2,500 adults in Manitowoc County live with serious mental illness today. These range from post-traumatic stress to chronic anxiety, bipolar disorder, depression and schizophrenia.
- Veterans in our community continue to have a need for support in combating mental illness.
- Suicide rates have risen steadily and now stand at the highest levels in 78 years. Suicide has become the nation’s second leading cause of death between ages 10-34.
- 50% of people with substance abuse suffer a mental illness.

BENEFIT & SUPPORT TO COMMUNITY
- We are only PREVENTION focused mental health program in Manitowoc County.
- One year of Clubhouse recovery service costs the same as two weeks of inpatient hospitalization, saving healthcare and taxpayer dollars.
- 15 members re-entered the workforce in the community over the past year.
- 1,500 volunteer hours were given to the community by our members last year.

A Message from Clubhouse Leadership

Everyone has been touched by mental illness, whether personally, or through a friend, colleague, or family member. We at Painting Pathways Clubhouse believe that our approach brings a unique and inspiring model of recovery to persons affected by mental illness.

Often we are asked what recovery from mental illness actually looks like. The Substance Abuse and Mental Health Services Administration (SAMHSA) has defined recovery as “a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” SAMHSA goes to further highlight four major dimensions that support a life in recovery:

**Health** — overcoming or managing one’s disease(s) or symptoms,

**Home** — having a stable and safe place to live,

**Purpose** — conducting meaningful daily activities, such as a job, school, volunteerism; and the independence, income and resources to participate in society,

**Community** — having relationships and social networks that provide support, friendship, love and hope.

This truly is what the Clubhouse is all about!

We strive to assist members in gaining access to healthcare and counseling and to obtain adequate housing and food. We provide opportunities to participate in our work-ordered day, become gainfully employed or volunteer in the community. We also provide opportunities for socialization and we celebrate holidays together. In 2008 when we opened, we had 30 active members. Today we have 115 active members, 293 inactive members and an average daily attendance of 28. We also have 21 individuals in the process of becoming a member.

Because of the success and good things that happen here, PPC is bursting at the seams. With your help we can grow our physical space to better serve our community.

Sincerely,
Jennifer Schmidt, Executive Director

![Image of a club member]

Scott A., Clubhouse Member

Painting Pathways Clubhouse is a tremendous asset to our community. Offering social connectedness, life skills, and for us/by us to people is a remarkably powerful way to make a positive impact on someone’s life. Painting Pathways is doing that and positively affecting our community as a result.”

Becky Rice - Behavioral Health Therapist/Core Manager Lakeshore Community Healthcare

Painting Pathways Clubhouse has turned my life upside down, in a positive way. Before the clubhouse, I was isolated and was going down a very dark and dangerous path. Since coming to the clubhouse, I finally feel wanted, appreciated, loved, and at last, I have the family I’ve been searching for my entire life. What more could anyone ask for?”

Alice M., Clubhouse Member

Painting Pathways Clubhouse is a valuable asset to our community. It provides a number of positive services to those in our community who are suffering from mental illness.”

Mark Rohrer, Circuit Judge Manitowoc County

Painting Pathways Clubhouse has helped me to see opportunity and realize that I can recover from my illness. It has given me goals, achievements, and friendships.”

Heather B., Clubhouse Member

The Clubhouse is important to me because it saved my life when I was in my darkest hour. I came here and just being around people helped a lot.”

Clubhouse Member

Painting Pathways Clubhouse is an essential to the well-being of some of our community’s most vulnerable citizens. Our clinic makes frequent referrals because our clinicians know the Clubhouse provides a path to recovery by enhancing self-esteem, a sense of self and a place for meaning peer involvement.”

Brian Boomgarden MS, LCSW, SAC Clinic Manager HFM Behavioral Health

I am a permanently-disabled veteran and no longer employed. The Clubhouse provides me with a true purpose. By engaging in Clubhouse activities, I sustain recovery by contributing to its work-ordered day. Such work continuously enhances my self-esteem, self-confidence, and overall self-worth.”

Scott A., Clubhouse Member

WHY SHOULD I CONTRIBUTE?

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Scott A., Clubhouse Member
GOAL: $1,700,000
A contribution of $9,000 will sponsor one Clubhouse member’s use of the building for 20 years.
Contributions of $9,000 or more will be recognized at the Clubhouse.

Our Campaign Budget
- $1,170,000 New building
- $110,000 Purchase of existing building
- $22,000 Architect fees
- $79,000 Kitchen
- $36,000 Furnishing
- $65,000 Interest expense
- $218,000 Contingency 15%
- $1,700,000 Total cost

Facility Sponsorship Opportunities
- $200,000 Kitchen
- $150,000 Dining Room
- $150,000 Business Unit
- $100,000 Reception Area
- $100,000 Office of Executive Director
- $100,000 Library/Classroom
- $100,000 Wellness Education Room
- $50,000 Laundry Room
- $50,000 Restrooms
- $50,000 Pantry
- $50,000 Clothing/Retail

Our Vision for Growth
Average daily attendance is increasing by 12.5% annually and we are running out of space.

Manitowoc schools report a 19% increase in the number of students with emotional and behavioral problems between 2016-17 and 2017-18 school years, meaning the Clubhouse membership will continue to grow. Referrals from mental health providers also continue to grow.

Space needs include:
- Private space to interview new members, provide small group activities and offer peer-to-peer support
- Larger work skills training area with more computer work stations for members
- Designated room for wellness and work preparedness classes
- Larger kitchen and dining area for training in culinary skills and to make space for serving meals to our increased membership
- Designated area for food pantry and clothes closet and to train for retail skills

What is a Suggested Contribution?
Experience from other fundraising campaigns have proven that more dollars are raised when individuals are asked for a specific dollar amount than those that do not. It would be impossible for the Clubhouse to raise enough money to fund the expansion of our building without asking for the consideration of a specific dollar amount. A Suggested Pledge is as gentle an approach we could use and still have a chance of reaching our goal.

The Suggested Contribution is an attempt to divide the financial responsibility to all potential contributors as fairly as possible based on the estimated perceived ability to give. We simply ask that you carefully consider your pledge and that you feel that your decision is right and good for you.

The West Foundation will match your donation. Every dollar you contribute will fund two dollars for the building.

Double Your Impact, Double Your Good!
BE THE MATCH!